



**MASS INTENTIONS**

Mon 10:00am Personal Intention  
 Tues 10:00am Annette Bernard  
 Weds 10:00am Liturgy of the Word  
 Thurs 10:00am The Marginalised  
 Fri 10:00am Holy Souls  
 Sat 6:00pm Thanksgiving  
 Sun 8.30am Int. of Tara Dennison  
 10:00am Peace in the World  
 12:00noon People of the Parish

**Mass Times.**

Just a reminder of our new Mass times.  
**Starting on the 26th July we will have  
 only two masses on Sunday at 10 and 12.**

**Baptism**  
 Meeting Monday at 7pm.

**PARISH DAY**  
**12th July 2026**  
 Sincere thanks to Angie who has agreed to  
 spearhead our parish day.

**Fr Jack**

**The contemplative mind is a very  
 different mind.**

A contemplative mind is satisfied with very little. Jesus said, *"The people looked harassed and helpless."* I am sure many people reading this feel exactly the same way harassed and dejected, and yes you could be forgiven for thinking and feeling like that with the state of the world and maybe a few personal problems thrown in. But the great thing is Jesus set about teaching them.

Can He do the same for you today? Teach you. All of us were taught how to **say prayers** and that is a start. but saying prayers can be good but as life goes on we need to get much deeper into the **Spirit of Contemplation.** *Just spending time with the Gospel and letting it sink into my consciousness and unconsciousness.* Remember, *"I know enough to know I need not know."* Reflect on that statement. That is faith. Not certainty. But a conviction that God is in charge.

Contemplation is **not** a feeling. Spiritual contemplation is the practice of looking deeply, steadily and loving at the present moment or a spiritual concept for some time so that I form a different consciousness about myself, God and life.

**POPE LEO**

1. Humanity, created by God in all its grandeur, is today facing a pivotal choice: either to construct a new Tower of Babel or to build the city in which God and humanity dwell together. Each generation inherits the task of shaping its own era, of guiding history to become a place where the dignity of every person is safeguarded, justice is promoted and fraternity is made possible. Yet every era also runs the risk of creating an inhumane and more unjust world. Whenever humanity is in danger of marring its true identity, we Christians lift our eyes to the Incarnate God, knowing that it is "only in the mystery of the Word made flesh that the mystery of humanity truly becomes clear." [1] In Jesus Christ, this humanity in its grandeur becomes the Way, the Truth and the Life, opening the path for each of us to grow toward fullness. *Contemplate the above for 10 minutes and see does it says anything to you?*  
*What does it mean to you?*  
*Do you agree or disagree?*  
*Does it change the way you see things?*  
*Read it again.*

**A single tree can absorb one ton of  
 carbon dioxide.**

**Pope Leo in Madrid.**

The Mass is a call to be brought out of our selfishness and indifference, of a comfortable, private faith, so as to respond to Jesus' invitation to conversion.