

### MASS INTENTIONS

Mon 10:00am Personal Intention  
Tues 10:00am Those suffering due to wars  
Weds 10:00am Liturgy of the Word  
Thurs 10:00am Maria Baines RIP  
Fri 10:00am Holy Souls  
Sat 6:00pm Human Rights Organisations  
Sun **NO 8:30am Mass until further notice**  
10:00am People of the Parish  
12:00noon Thanksgiving

### Fr Francis

Fr Francis from Uganda is with us for the next four weeks. He will take good care of you while yours truly is away. Going to the Lake District for 10 days hiking with friends and later to family in Ireland.  
Thank you for all your support during the year and I hope you get a chance to relax and recharge your batteries for the year ahead. I'm sure you will take good care of Fr Francis. Don't think he can cook?

### Fr Jack

Jesus can do wonders with the little we have if we trust Him. A little kid gave him five loaves and two fish. The beginning of a miracle in sharing, and this is a great lesson for all of us. If we all do our bit to take care of the hungry, it will work. Television tells us the average household wasted £85 of food every month. Some people don't even have that to live on.  
**But with Jesus not only is everybody fed but there is still some left over.**

**The poor should never be far  
from our thoughts**

### The Holidays

The children are on holiday and many of us too will take a break during August. But even if you are not taking a break do try to take some time to relax, rest and renew ourselves, to be in the present moment, to meet with friends and family, to relax, recharge and reflect, change pace and slow down. Remember, sometimes it is ok to do nothing

**The butterfly counts not months but  
moments, and has time enough.**

*Rabindranath Tagore*

### Requesting Mass for a Particular Intention (*Archbishop John Wilson*)

It is a long-established and laudable Catholic custom to ask that Mass be offered for a particular intention. Every Mass is offered for the glory of God and the salvation of the world; nevertheless, the priest may also offer the Mass for a specific intention. In this parish, Mass intentions are usually published in the newsletter. Anyone may request that Mass be offered for a particular intention. Masses are commonly offered for the welfare of an individual or family, in thanksgiving, for a special need, or for the repose of the soul of someone who has died. When requesting a Mass, it is customary to make an offering as a sign of one's particular participation in the offering of the Mass and in support of the Church's ministry. This offering is not a payment for the Mass, and no one is obliged to make one. The suggested offering is £10; some give less, some give more, and some are unable to give anything.

Please never feel that a Mass cannot be offered for your intention because of financial difficulty. The grace of the Mass is never bought or sold. Its true price has already been paid for us in the saving death and resurrection of the Lord Jesus. Mass intention envelopes and request forms are available at the entrance to the church of God.